

Lane Chapter Medical Assistants
Thursday, January 17, 2019**
6:00 p.m.

PacificSource ~ 110 International Way, Springfield OR 97477

Education: ***Pelvic Floor Dysfunction: Diagnosis and Treatments*** (1 Clinical AAMA-approved CEU)

Presenter: **Lois Sheffield, PT**

Pelvic floor dysfunction can affect anyone: women, men and children, with myriad issues. These can include urinary and bowel dysfunction, pre-peri-post-partum, post-surgical, prostate issues, lower back injuries and spinal degeneration, to name a few. Specialized physical therapists evaluate and treat these problems. Bio-feedback is also used in specific assessments and treatments of the region for the most comprehensive results.

Learning Objectives:

- 1) Describe role of pelvic floor in support of viscera, the lumbar spine, sphincter control, and sexual function.
- 2) Explain how the human musculo-skeletal system is key in providing stability to the lumbopelvic region.
- 3) Understand the "core" and how abdominal surgeries, obesity, and pregnancy play a role in its function.
- 4) Record the subjective patient intake history that may provide clues to reasons for poor lumbopelvic stability.
- 5) Recognize physical therapist's role in managing pelvic floor related diagnoses and lumbopelvic dysfunction.

** Following the education, there will be a brief business meeting at which LCMA will elect new officers for 2019. Officers must be current members of the AAMA (with 2019 dues paid by December 31, 2018). If you are interested in serving as an officer or as a committee member, please contact a current LCMA Board Member, or send an email LaneChapter.MedicalAssistants@gmail.com.

*Lane Chapter Medical Assistants meetings are open and free of charge
to all medical office employees.*

*At each meeting, LCMA collects non-perishable items for **Food for Lane County**
and pet food/supplies for **Greenhill Human Society**.*

Please remember your donations

Upcoming Education Opportunities:

Saturday, January 26, 2019 • OSMA Winter Quarterly, Sacred Heart Medical Center, RiverBend, Springfield
8:00 am sign-in; education 8:30 am to 1:00 pm. Education topic: ***Medical Care of the Pregnant***

Patient and Postpartum and Beyond; presented by Holly Russell, RN (4 AAMA-approved CEU)

(registration form attached; also available at www.onlineosma.org)

Thursday, February 21, 2019 • LCMA Meeting Education topic: ***Pre-Diabetes and Diabetes Prevention***

March 1 - 3, 2019 • OSMA Leadership Retreat, The Crystal Rose Luxury Home and Cottage,
2031 NW 50th Street, Lincoln City 97367; Friday/Saturday/Sunday (register early - space limited)

April 11 - 13, 2019 • OSMA Annual Conference, Thursday/Friday/Saturday
Oregon Garden, 895 W. Main Street, Silverton, OR

Visit www.onlineosma.org for information updates and registration forms
or email LCMA at LaneChapter.MedicalAssistants@gmail.com

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