

Lane Chapter Medical Assistants
Thursday, February 21, 2019
6:00 p.m.

PacificSource ~ 110 International Way, Springfield OR 97477

Education: *Prediabetes Module for Medical Assistants*

Prediabetes is becoming more problematic in the United States. In the last 20 years, the number of adults with prediabetes has more than tripled. Prediabetes puts a person at higher risk of developing type 2 diabetes, heart disease, and stroke. The good news is that this condition can be reversible through lifestyle changes. There are a variety of healthcare settings in which medical assistants care for people with prediabetes. During this workshop we will explore the basics and current statistics about prediabetes as well as the challenge of talking with people about making effective lifestyle changes.

Objectives:

- ❖ Define prediabetes
- ❖ Prevalence and risk factors for prediabetes
- ❖ Prediabetes interventions
- ❖ Medical assistant role
- ❖ Strategies for talking with people about lifestyle change

This meeting will be hosted by PacificSource and a buffet dinner will be served.

PLEASE RSVP to: chelsea.hammers@pacificsource.com



*Lane Chapter Medical Assistants meetings are open and free of charge
to all medical office employees.*

*At each meeting, LCMA collects non-perishable items for **Food for Lane County**
and pet food/supplies for **Greenhill Human Society**.*

Please remember your donations



Upcoming Education Opportunities:

March 1 - 3, 2019 • OSMA Leadership Retreat, The Crystal Rose Luxury Home and Cottage,
2031 NW 50th Street, Lincoln City 97367; Friday/Saturday/Sunday (register early - space limited)

Thursday, March 21, 2019 • LCMA Meeting Education topic: *Coclear Implants for Hearing Loss*

April 11 - 13, 2019 • OSMA Annual Conference, Thursday/Friday/Saturday
Oregon Garden, 895 W. Main Street, Silverton, OR

- **Early Registration:** AAMA Members: \$225.00 Non-Members: \$325.00 **if paid by 03-15-2019**
- **After 03-15-2019:** prices increase to \$250 and \$350 Meals cannot be guaranteed after 4/1/19

Visit www.onlineosma.org for information updates and registration forms
or email LCMA at LaneChapter.MedicalAssistants@gmail.com

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