



RCCMA

RIVER CITIES CHAPTER
OF MEDICAL ASSISTANTS

Management of Pregnancy, Labor & Delivery and the Postpartum Period from a Physical Therapy Perspective

Join RCCMA in welcoming **Stacy Mosbrucker, PTA, BS**, a highly experienced Physical Therapy Assistant who cares for patients in an outpatient clinic as a pelvic health specialist. Stacy will be reviewing the anatomy and physiology of pregnancy and the dysfunctions that can arise from labor and delivery. She will discuss the management of patients during all phases of pregnancy and the postpartum period including exercises and referral options, with a focus on core and pelvic floor preparation and recovery.

LEARNING OBJECTIVES:

- Review anatomy/physiology of pregnancy and gain a better understanding of the physiological changes related to pregnancy
- Learn therapeutic positional options for labor & delivery
- Expand educational strategies to assist patients in optimizing labor, delivery, and postpartum recovery
- Better understand what physical therapy can do for pregnant and postpartum patients, and refer appropriately

2 AAMA-Approved CEUs (Clinical)

Questions? Please reach out to:
alexandria.holcomb@gmail.com

FEES & REGISTRATION:

Oregon AAMA Member (OSMA) \$0

*Student Medical Assistant \$0

AAMA Member outside of Oregon \$10

Non-Member \$20

Register **NO LATER THAN September 4th at 11:59pm PST:**

<https://forms.gle/KWQNiZM9NyHPBaWu8>

Applicable fees will be invoiced via PayPal, are non-refundable & due **NO LATER THAN September 5th at 11:59pm PST**

*MUST BE CURRENTLY ENROLLED

SAVE THE DATE

10/8: OSMA Fall Quarterly
Riverbend Medical
Springfield, OR

10/21-10/24:
AAMA Conference
Myrtle Beach, SC

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